MAY 2016 RECREATION & ACTIVITIES
(schedule and activities subject to weather and changing conditions – visit Recreation Desk for updates)
# GUIDED RECREATION

## TOURING & HIKING

### Yosemite Valley & Glacier Point Naturalist Tour (with optional hike)
This spectacular and wide-ranging tour takes you high above the Yosemite Valley floor to stunning Glacier Point. Enjoy unparalleled views of Yosemite Valley, and then continue on with a memorable tour of the Valley, visiting impressive waterfalls, scenic vistas and other famous attractions. You’ll have the option to enjoy a spectacular self-guided hike down the famous Four Mile Trail to the Valley floor on this trip.

*Offered most days, 9am-5pm, $12.50 per adult, $7.50 per youth (4-12)*

### ‘Wonders of Yosemite’ Naturalist Tour
Enjoy the beauty and grandeur of Yosemite during our unique combination Yosemite Valley and Giant Sequoia guided naturalist tour. This two-in-one tour offers an unparalleled Yosemite experience, from dramatic waterfalls, endless wildflowers and stunning panoramas to majestic Giant Sequoia trees.

*Offered most days, 9am-5:30pm, $12.50 per adult, $7.50 per youth (8-12)*

### Yosemite Valley Stagecoach Naturalist Hike & Tour
Start your day off with a guided hike along an abandoned stagecoach route to one of Yosemite’s most spectacular, historic and least known vistas! Then top it off with a tour of the Valley’s most famous waterfalls and vistas.

*Offered most days, 9:30am-5pm, $11.50 per adult, $7.00 per youth (8-12)*

### Hetch Hetchy Wapama Falls Naturalist Hike
Explore Yosemite’s hidden gem, Hetch Hetchy, a dramatic, crowd-free jewel complete with domes, waterfalls and an idyllic, serene feel. On this hike you’ll learn about Hetch Hetchy’s long and storied history as we make our way among creeks and small meadows to beautiful 1,000-foot Wapama Falls.

*Offered most days, 10am-2:30pm, $80 per adult, $50 per youth (8-12)*

### Granite Gorge and Preston Falls Naturalist Hike
The beautiful hike to Preston Falls takes us along the Main Fork of the Tuolumne River, below the Hetch Hetchy Reservoir. We will likely have the trail to ourselves as we enjoy abundant wildflowers throughout our trip, have lunch on the banks and have the option to take a swim in the crisp, clear waters of the Tuolumne.

*Offered most days, 9am-4pm, $12.50 per adult, $7.50 per youth (10-14)*

## BIKING & STARGAZING

### ‘Bike & Hike’ to Granite Gorge
Cruise the quiet back roads of the Stanislaus National Forest on this classic bike and hike trip to one of our favorite waterways and swimming holes. This bike and hike combo gives way to a dramatic vista along the rim of the Tuolumne River Canyon, and includes a memorable walk along the pristine Tuolumne River.

*Offered most days, 9:30am-2:30pm, $95 per adult, $65 per youth (12-14)*

### Rainbow Pools ‘Bike, Hike and Swim’
Enjoy a scenic bike ride along the Tuolumne River Canyon rim where 2013’s Rim Fire has revealed dramatic vistas. Our ride ends at a local favorite swimming hole, the enchanting and historic Rainbow Pools, where we picnic and swim beneath waterfalls before our van takes us back to the lodge.

*Offered most days, 9:30am-2pm, $95 per adult, $65 per youth (10-12)*

### Stargazing with Clark Tonkin
Join us for a guided tour through the night’s sky! Explore the craters on the moon, Algol—the eye of Medusa and the Milky Way. Learn fun facts and mythology of the night’s sky.

*Offered Sunday night, $25 per adult, $15 per youth (12 and under)*

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**VISIT THE RECREATION CENTER ACTIVITY DESK FOR TRIP DETAILS**

**HOMEMADE SANDWICHES & SALADS ARE AVAILABLE IN THE GENERAL STORE FOR YOUR GUIDED TRIPS OR SELF-GUIDED ADVENTURES**
GUIDED RECREATION

YOGA

Morning Vinyasa Flow Yoga
Beginners and seasoned veterans alike will enjoy an invigorating 60 minute yoga session with our local Yogi Jill. Start your day off right by linking breath and movement while surrounded by the fragrant forest and the gentle sounds of morning.

Every Saturday at 8am. $15 per person, Advanced reservation required. Visit Recreation Desk for details and booking.

FLY FISHING

Private Full & Half Day Fly Fishing Trips
Our Private Fly Fishing trips allow every experience level to find just what they need in order to obtain the upper hand in the Yosemite area. Our knowledgeable guides get you away from all the crowds of Yosemite’s main tourist attractions, so you can enjoy fly fishing in pristine locations around the park.

Advance reservation required, visit Recreation Desk for details.

Private Half Day Fly Fishing Trips: Prices start at $325 a trip
Private Full Day Fly Fishing Trips: Prices start at $400 a trip

RAFTING

Day Trips on the Tuolumne & Merced Rivers
Experience the exhilaration of California’s finest whitewater rafting, on the beautiful Merced and Tuolumne Rivers (class III to V). Full and half day trips are available. The Tuolumne is known for its rocky, technical drops, while the Merced is famous for large, roller-coaster waves and big crashing swells.

Offered daily, times vary, and prices start at $116 per adult, $105 per youth (10-17). Visit the Recreation Desk for details and booking.

 MASSAGES

Therapeutic Massage
After a hard day of play in the great outdoors, enjoy an indulgent full body massage by our certified massage therapist, who offers a blend of traditional European modalities as well as shiatsu, sports massage, deep tissue massage, reflexology and therapeutic relaxation massage. Chair massage is also available selected evenings.


RENTALS & MORE

- Mountain Bike, Kids Trailer and Tag-Along Rentals
- Child Carrier Backpack and Mountain Stroller Rentals
- Trekking Pole, Daypack and GPS Device Rentals
- Portable DVD Player Rentals and DVD Lending Library
- Onsite Geocaching Circuit and Nature Trail

Visit the Recreation Desk for more information.

BANDS & EVENTS

- Friday, May 6th, 13th, 20th and 27th: Karaoke: 10:30pm, Tavern. With over 20,000 songs we’re sure to have your favorite!
- Sunday, May 29th: Live Music – World’s Finest: 10pm, Tavern. Strong songwriting, beautiful vocal harmonies, engaging band interplay and improvisation are only a handful of the many reasons to come out and enjoy.
**OTHER ACTIVITIES**

**EVENING ACTIVITIES**

**Monday**
- **Evergreen Natural History Film Series**: Tell it on the Mountain – Tales from the Pacific Crest Trail. 5pm, Tuolumne Hall Theater
- **Intro to Yosemite**: 6-6:30pm, Recreation Desk. Join our knowledgeable naturalists for information about our favorite hikes, directions to the best sightseeing spots and local treasures. Get updated weather and road conditions as well as details on our guided hikes and tours available during your stay!
- **S’mores**: 7-9pm, Recreation Center Outdoor Fireplace. A classic campfire treat of marshmallow, chocolate and graham cracker

**Tuesday**
- **Dissect your own Owl Pellet**: 3-5pm, Recreation Center. Join one of our naturalists and determine what an owl has eaten from their owl pellet, while learning about the California Great Grey Owl. ($10 per pellet – see Recreation Desk for details)
- **Evergreen Natural History Film Series**: Vertical Frontier – A History of Rock Climbing in Yosemite. 5pm, Tuolumne Hall Theater
- **Intro to Yosemite**: 6-6:30pm, Recreation Desk. See Monday’s description
- **S’mores**: 7-9pm, Recreation Center Outdoor Fireplace. See Monday’s description

**Wednesday**
- **Evergreen Natural History Film Series**: Ordinary Extraordinary Junco. 5pm, Tuolumne Hall Theater. A film highlighting one of the most common and abundant, yet amazing and diverse, groups of songbirds in North America, the Juncos.
- **Intro to Yosemite**: 6-6:30pm, Recreation Desk. See Monday’s description
- **Bingo**: 7-7:30pm, Recreation Center. Come have fun and win a prize!
- **S’mores**: 7-9pm, Recreation Center Outdoor Fireplace. See Monday’s description
- **Family Movie**: 8pm, Tuolumne Hall Theater

**Thursday**
- **Nature Crafts**: 3-5pm, Tuolumne Hall
- **Evergreen Natural History Film Series**: Hetch Hetchy – Yosemite’s Lost Valley. 5pm, Tuolumne Hall Theater
- **Intro to Yosemite**: 6-6:30pm, Recreation Desk. See Monday’s description
- **S’mores**: 7-9pm, Recreation Center Outdoor Fireplace. See Monday’s description

**Friday**
- **Tie Dye!**: 3-5pm, Main Plaza. ($10, includes logo tee shirt – purchase at Rec Desk)
- **Evergreen Natural History Film Series**: National Geographic’s Secret Yosemite. 5pm, Tuolumne Hall Theater
- **Intro to Yosemite**: 6-6:30pm, Recreation Desk. See Monday’s description
- **S’mores**: 7-9pm, Recreation Center Outdoor Fireplace. See Monday’s description
- **Family Movie**: 8pm, Tuolumne Hall Theater
- **Karaoke**: 10:30pm, Tavern

**Saturday**
- **Morning Vinyasa Flow Yoga Session**: 8-9am, Cedar Room. ($15, advanced reservation required – see Rec Desk for details)
- **Build Your Own Humming Bird Feeder**: 3-5pm, Recreation Center. Learn about these fascinating birds, while creating a feeder to put on your cabin porch to attract them for an up close and personal viewing! ($5 - see Rec Desk for your kit)
- **Intro to Yosemite**: 6-6:30pm, Recreation Desk. See Monday’s description
- **Bingo!**: 7-7:30pm, Coyote Hill. Come have fun and win a prize!
- **S’mores**: 7-9pm, Recreation Center Outdoor Fireplace. See Monday’s description

**Sunday**
- **Nature Crafts**: 3-5pm, Tuolumne Hall
- **Evergreen Natural History Film Series**: Bears. 5pm, Tuolumne Hall Theater
- **Intro to Yosemite**: 6-6:30pm, Recreation Desk. See Monday description
- **S’mores**: 7-9pm, Recreation Center Outdoor Fireplace. See Monday’s description
- **Stargazing with Clark Tonkin**: Time varies ($25 per adult, $15 per youth, advanced reservation required – see Rec Desk for details)

Note: activities vary a bit week to week. Please check the rec board for the latest nightly activities plan.